



✓ No Referral Needed

✓ Confidential & Online

✓ Licensed Physicians and Psychiatrists

Are You Experiencing

Anxiety, panic, or constant worry

Depression or feeling stuck

Life stress or burnout

Physical symptoms of stress (fatigue, aches, brain fog)

Need for ADHD, PTSD, or other assessments

Other mental health concerns

Mental Health Support When You Need It

100% covered for Alberta Residents

We offer compassionate support for **over 100** mental health conditions. At this time, we are unable to support individuals experiencing psychosis, suicidal ideation, or emergency mental health needs.

How It Works



1

Book a Session

Employees book their first confidential consultation at their convenience.



2

Create a Personalized Plan

A tailored care plan addresses their unique needs and goals.



3

Ongoing Support

Continuous, flexible care ensures long-term mental wellbeing.

What EaseCare Offers



Physician-Led Care

Licensed medical doctors and psychiatrists



Fast Access

No long waitlists, book within days



Online Convenience

All appointments from the comfort of home



Comprehensive Services

From initial assessment to ongoing treatment



Covered by AHCIP

Your Alberta health card covers all physician appointments



Scan the QR code to book your consultation now

Ready To Take The First Step?

Book Your Free Consultation Today



587-323-8646



support@easecare.ca

EaseCare provides physician-led mental health care for all Albertans. Services are 100% covered by the Alberta Health Care Insurance Plan (AHCIP). Your privacy is protected under Alberta's Health Information Act.